

YCA PERFECT DOG TRAINING TIMETABLE



THE IDEAL TRAINING SCHEDULE 8AM - 8PM

8AM	Rise and shine! Take Fido out to the toilet, then bob them back in the crate while you get ready for a perfect training day. Once they're nice and calm, move onto the next stages of the schedule.
9AM	Neutral time *BONUS* see if you can place your dog while you make a morning coffee! Have a quick play if you have time, then pop your dog in their crate to decompress.
10AM	Training activity 1 (place, loose lead or recall) followed by crate time . Make sure you set a good precedent during the first session of the day! Focus particularly on your threshold work when leaving the house.
11AM	Crate time (zzzzz).
12PM	Take a break from the day to have a short play with your dog, once you've done that, try some place work whilst you prepare your lunch.
1PM	Training activity 2 (place, loose lead or recall) followed by crate time.
2PM	Neutral time on house lead (some place practice here would be a good idea, but not essential!)
3PM	Crate time (zzzzz)
4PM	Play session (5 mins max) followed by crate time to decompress.
5PM	Enrichment activity (scatter feeding or filled kong) followed by crate time .
6PM	Play session (5 minutes max) followed by crate time to decompress
7PM	Neutral time or place work or even a combination of both.
8PM	Structured neutral time till bed (optional extra training activity if you'd like to squeeze 4 in).